February 2010								
S	Μ	Т	W	Т	F	S		
7 14 21	1 8 15 22	2 9 16 23	3 10 17 24	4 11 18 25	5 12 19 26	6 13 20 27		

March 2010								
S	Μ	Т	W	Т	F	S		
7 14 21 28	1 8 15 22 29	2 9 16 23 30	3 10 17 24 31	4 11 18 25	5 12 19 26	6 13 20 27		

Tuesday	Wednesday	Thursday	Friday						
February 1 2 3 4 12:00pm HEART HEALTHY 12:00pm CRISP FISH 12:00pm YOKOSBA, 12:00pm CHEESEBURGER 12:00pm HOMEMADE									
			12:00pm HOMEMADE						
	,		SPAGHETTI/						
		DESSERT, MILK	MEAT SAUCE,						
DESSERT, MILK	DESSERT, MILK		VEGETABLES						
			GARLIC, BREAD,						
			DESSERT, MILK						
0	10	11	12						
			12 12:00pm SCRUMPTIOUS						
			CRAB LIGUINE,						
,			SALAD, BREAD						
	DESSERT, THER		STICKS, DESSERT,						
,		,	MILK						
,		,							
16			_						
2:00pm BEEF TIPS OVER	12:00pm HOME STYLE		12:00pm HOMEMADE						
NOODLES,	TOMATO SOUP,		MEATLOAF,						
		DESSERT, MILK	POTATOES, GRAVY,						
DESSERT, MILK			VEGETABLES,						
			DESSERT, MILK						
	WEDNESDAY								
22	2.4	25	26						
			12:00pm YUMMY LASAGNA						
			ROLLS,						
	,		VEGETABLES,						
,	•	DESSERT, MIER	BREAD STICKS,						
	52552KT/ 1 112K		DESSERT,MILK						
			,,						
	2:00pm CRISP FISH SANDWICH, CHIPS, VEGETABLES, DESSERT, MILK 9 2:00pm DELICIOUS ROAST PORK, MASHED POTATOES, GRAVY, VEGETABLES, DESSERT, MILK 16 2:00pm BEEF TIPS OVER	2:00pm CRISP FISH SANDWICH, CHIPS, VEGETABLES, DESSERT, MILK 9 12:00pm DELICIOUS ROAST PORK, MASHED POTATOES, GRAVY, VEGETABLES, DESSERT, MILK 2:00pm BEEF TIPS OVER NOODLES, VEGETABLES, DESSERT, MILK 16 17 2:00pm BEEF TIPS OVER NOODLES, VEGETABLES, DESSERT, MILK 2:00pm BEEF TIPS OVER NOODLES, VEGETABLES, DESSERT, MILK 2:00pm DELICIOUS BAKED HAM, SWEET POTATOES, VEGETABLES, VEGETABLES, VEGETABLES, VEGETABLES, VEGETABLES, VEGETABLES, VEGETABLES, VEGETABLES, DESSERT, MILK	2:00pm CRISP FISH SANDWICH, CHIPS, VEGETABLES, DESSERT, MILK 9 10 2:00pm DELICIOUS ROAST PORK, MASHED POTATOES, GRAVY, VEGETABLES, DESSERT, MILK 16 2:00pm BEEF TIPS OVER NOODLES, VEGETABLES, DESSERT, MILK 16 2:00pm BEEF TIPS OVER NOODLES, VEGETABLES, DESSERT, MILK 16 2:00pm BEEF TIPS OVER NOODLES, VEGETABLES, DESSERT, MILK 16 2:00pm BEEF TIPS OVER NOODLES, VEGETABLES, DESSERT, MILK 16 2:00pm BEEF TIPS OVER NOODLES, VEGETABLES, DESSERT, MILK 16 2:00pm BEEF TIPS OVER NOODLES, VEGETABLES, DESSERT, MILK 16 2:00pm BEEF TIPS OVER NOODLES, VEGETABLES, DESSERT, MILK 16 2:00pm BEEF TIPS OVER NOODLES, VEGETABLES, DESSERT, MILK 16 2:00pm BOILED DINNER, DINNER ROLL, DESSERT, MILK ASH WEDNESDAY 25 26 27 28 29 29 20 20 20 21 21:00pm RING BOLOGNA, SPANISH RICE, VEGETABLES, DESSERT, MILK DESSERT, MILK 25 26 27 27 28 29 29 20 20 20 20 20 20 21 21:00pm RING BOLOGNA, DESSERT, MILK DESSERT, MILK DESSERT, MILK DESSERT, MILK DESSERT, MILK						